



Chicken Caesar Salad

Ingredients

- 300 g Maggi Juicy Garlic Chicken (Leftovers!)
- 160 g Romaine lettuce
- 80 g Cherry Tomatoes
- 80 g French beans
- 4 tablespoons Light Caesar dressing
- 20 g Croutons
- 2 tablespoons Parmesan

Instructions

1. Wash the lettuce and roughly chop, divide between 2 plates. Top with tomatoes, the green beans and croutons.
2. Slice the chicken and lay on top of the salad, drizzle over the dressing and finish with the Caesar dressing.
3. Scatter over shavings of parmesan (or simply grate over the top) and ta dah! Salad done!

Nutrition

Carbohydrate	9.95 g
Energy	150.14 kcal
Fat	3.41 g
Fibre	1.92 g
Protein	20.33 g
of which: saturates	1.04 g
Sodium	361.43 mg
of which: sugars	361.43 mg

15 Minutes

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