



Maggi® Juicy Mediterranean Chicken

Ingredients

- 1 packet Maggi Mediterranean Chicken
- 600 g Chicken Breast
- 50 ml Water
- 250 g Cherry Tomatoes
- 150 g yellow peppers, diced
- 60 g red onion, sliced
- 280 g Couscous
- 1 tablespoon Olive Oil
- 140 g carrots, grated
- 150 g Courgette, grated
- 1 g Black Pepper

Instructions

1. Preheat the oven to 180°C (160°C fan) or Gas Mark 4. Prepare the Juicy Mediterranean chicken according to the cooking instructions on pack.
2. 20 minutes before the Mediterranean chicken is ready, cook the couscous according to the cooking instructions on pack. Mix the cooked couscous with the olive oil, grated carrot and courgette. Season with black pepper. Serve the vegetable couscous with the Mediterranean chicken.

Nutrition

Carbohydrate	70.4 g
Energy	549.79 kcal
Fat	8.46 g
Fibre	6.83 g
Protein	45.36 g
of which: saturates	1.49 g
Sodium	156.77 mg
of which: sugars	156.77 mg

45 Minutes

4 Serves